

County of Grey Social Services Gets A Virtual Check-Up

With so many employers looking for ways to support staff's mental and emotional well-being during these uncertain times, Director Barb Fedy lined up something special for her team of 41 staff. Having had experience with the training delivered by The Centre for Applied Human Dynamics, Fedy knew it would have just the right mix of learning, laughter and a break from the every day.

Prior to COVID restrictions, all of the training at The Centre for Applied Human Dynamics was done in person, but like so many small businesses, the organization had to pivot,



finding a way to deliver the same engaging content they're known for, in a manner that was safe for everyone. Enter a new online delivery that The Centre piloted back in August. This was a perfect fit for the Social Services team at County of Grey, as the department is spread across 6 offices, and staff currently have a rotation for working remotely.

Fedy shared that she was pleasantly surprised with the online delivery, "I knew it would still be good information, but the online training exceeded my expectations." To accommodate the group of 42 participants, the training was delivered in 3 cohorts, using an online platform. Cohorts met once a week with the facilitators for a 2-hour session, over 4 weeks.

The vision of Grey County's Social Services is '**A client centered organization building brighter futures.**'. Fedy explains, "The training was a good reminder that we all need to take breaks in order to learn new skills; to help us cope with the current times and to allow us to continue helping others."

The Centre for Applied Human Dynamics is a boutique training company offering personality-based programming to municipalities and private organizations across Ontario. We work with teams to develop their toolbox, so staff can work collaboratively and cohesively, together. Our programs focus on improved communication, lowered levels of conflict and greater productivity across the organization. Learn more at www.dynamics4u.com